

# THE NEURON FLASH

DECEMBER 2017



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## FALL ROUNDS

Patient safety is a top concern at Newport Bay Hospital and everyone who works here plays an important role in that. In the beginning of November we implemented a Fall Prevention Round at the start of every shift. Since we've implemented the rounds falls have decreased by almost 50%. Keep up the good work and remember anyone can help prevent a fall!

## NURSING CORNER: MEDICATION ERRORS

Medical Errors are the 3<sup>rd</sup> leading cause of death in the United States (US). Recent literature indicates communication breakdowns, diagnostic errors, poor judgment, and inadequate skills are associated with poor patient outcomes. ANNI leadership is committed to culture change which exemplifies our mission and values as an organization. Medication errors in this facility occur daily. Last quarter NBH reported 129 medication errors!

After survey, NBH established a new committee to meet our corrective action plan. The

*Medication Quality Assurance & Performance Improvement (QAPI)* meets monthly and re-views every reported medication error to identify trends and circumstances of why the error occurred. Nursing leadership also augmented our medication policy due to frequent mistakes on admission and discharge. Nurses must review the medication reconciliation list and co-sign in the progress note. This systemic process change has been positive and effective. However, my expectation is 100% compliance.

As a nurse I have made many mistakes. I know

it's hard to believe, but it's true. However, think of your mother on the receiving end of a medication error. How understanding would you be? Don't risk what you have worked so hard for. Remember your nursing 101 when it comes to medication management. If you identify an incomplete order in the chart or Medication Administration Record, please submit a Medication Variance Report.

Nurses, thank you for all you do! Please stop by my office to discuss any issues or ideas you have!

Regina Butler, RN MSN

## Happy Holidays!

From your ANNI Management Team!

**Rocky, Becky,  
Regina, Toni,  
Rachel, Kaj,  
and Jamie**



**EMPLOYEE PROFILE CONT.**

Name: Jamie Jonsson

Position: Director of Social Services

From: Michigan > Philadelphia > California

Family: Two girls, 5yrs & 2yrs old. They love all the princesses!

Hobbies: Running, Cooking, and Painting.

Above all, she loves to be a mom.

Sign: Aries. Her birthday is April Fool's day!



Jamie wanted to join the NBH family because she loves to work with the geriatric population. She values teamwork, and creating positive relationships between departments. As the director, she would like the Social Services Department to “shine” for the rest of the hospital. She says “We want people to say that our department can manage our work”.

Throughout her life, Jamie has always believed that kindness is the best quality. Some words of wisdom she shared, “You never know what impact you could make by giving someone a cup of water. You never know what one, small action means to someone else”.

**HOLIDAY NOTES FROM AT**  
**"TIS THE SEASON TO BE JOLLY!"**

Our patients are wonderful people who've had a lifetime of experiences and knowledge! Unfortunately, some of our patients aren't able participate in the festivities of the holidays season with their families/friends because they are here.

Every year, A.N.N.I and Beacon come together to do what we do best; provide care and love to our patients! We try our best provide the experiences and joys of the holiday season to our patients to help them get into the holiday spirit. We do this by providing a holiday meal, Christmas tree, holiday music, and even PRESENTS!

These presents include blankets, socks, jackets, sweaters, and grooming products that are wrapped individually for our patients to open on Christmas day! "Santa Sharon" flashes her happy smile and gives these gifts to our patients on Christmas day and faces light up! It's so amazing to see the patients' heads held just a bit higher, and smiles are just a bit brighter while using the Christmas gifts we provide them!

If you want to know how you can help give our patients a better Christmas, see Kaj in AT.



## FLU SHOTS



- \* **88% received the flu shot**
- \* **12% declined**

It is important that we protect employees, patients, and ourselves from the flu!

We can do this by:

1. Getting the Flu shot
2. Wearing a mask to prevent the spread of the virus
3. Cleaning surfaces with soaps or alcohols
4. Washing our hands frequently during the day

## SPECIMEN COLLECTION CONTEST

We are reinstating our Specimen Collection Contest. You are all doing a great job collecting specimens, but we want to add a little fun to the system. The monthly winner, who collects the most specimens, will receive movie tickets!

The nurses will hang the appropriate specimen collection disk on the patient's door. Whoever collects the specimen then gives the disk to the unit clerk. The unit clerks will tally the numbers of specimens collected by each staff member.

We will announce the winner at the beginning of the following month.

## Guiding Stars Holiday Survival Guide

The holidays are here! It's time to celebrate, but also time to be mindful of the foods you eat and the pace you keep. Arm yourself with these simple tips to make your holidays a little less stressful this year.

### Move!



Park your car as far from your destination as possible.

Walk between stores instead of moving the car when running errands.

Put on music when doing chores and dance your way through the work.

### Party Prepared!

Use a small dessert plate instead of a dinner platter.

Start with fruits & veggies first and skip the dip.

Don't walk into a party hungry.



### Manage the Goodies!



Let each person in the house choose their favorite holiday treat and don't have treats that don't make the list.

Freeze gifts of baked goods so you can enjoy the bounty over several months.

Try healthier makeovers of holiday favorites.



For more great ways to have healthy holidays visit [GuidingStars.com](http://GuidingStars.com)



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**STRIVING FOR THE BEST IN PATIENT CARE.**

## **HOLIDAY HAPPENINGS**

Friday, December 15th

Christmas Luncheon at 12pm hosted by BEACON in the conference center.

Thursday, December 21st

ANNI Holiday Party from 2pm-5pm at Pitfire Pizza on 17th St

## **STAFF SHOUT OUTS!**

**We'd like to give kudos to Katheryn, Evelyn, and Rebecca on Noc shift for doing mouth care prior to breakfast.**

**We appreciate all the hard work and extra attention people put into their patient care!**

## **2017 IN A FLASH!!!**

