

THE NEURON FLASH

DECEMBER 2019



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A NEW YEAR AND A NEW DECADE

“Each day is a new beginning, the chance to do with it what should be done and not to be seen as simply another day to put in time.” –Catherine Pulsifer



SITUATION: 2019 IN REVIEW

BACKGROUND: High Alert QAPI, Discharge QAPI, Investigations, CDPH, and Education.

ASSESSMENT: When I look back over the year it truly amazes how much I continue to grow as a nursing leader! Our department has struggled with acute illness, surgeries, and personal frustration. Yet, we (The Dynamic Duo) championed through the tough times because we were supported by the staff and executive leadership at ANNI. We have seen people come and go. Needless to say, I am going to miss my work best friend Toni Reed, RN! I love you!

My number one goal for 2020 is to connect more with all staff. I realize I learn by observation and hands on like most nurses. So, I will take the opportunity to make ANNI/NBH a better place to work by understanding the daily process. When I understand it is easy for me to take issues to executive leadership. Likewise, for those of you interested in what I do to maintain compliance for NBH and ANNI please come and talk with me. Let's do lunch!

RECOMENDATION: **Start 2020 with a Positive mind set!**

"There are two types of people who will tell you that you cannot make a difference in this world: those who are afraid to try, and those who are afraid you will succeed." - Ray Goforth

Happy New Year 2020!

Regina M. Butler, MSN RN DPCS



NEW EMPLOYEES :

HR'S NEWEST ADDITIONS

Employees who have joined the ANNI family in 2019:

- Tiffany M.—LCSW
- Michael O.—CNA
- Geny V.—CNA
- Rick C.—RN
- Brenda M.—CNA
- Leah L.— RN
- Mirian Q.—PBA
- Eddie L.—CNA
- Toni A.—CNA
- Megan W.—RN
- Andy H.—RN
- Melissa L.—HR Admin.
- Bronwyn A.—LVN
- Jewelina D.— LVN
- Sara A.—RN

MARIA, HR ASSISTANT

Maria enjoys spending time with her 2 kids, Camila and Bobby and her husband Damien. Family time is her favorite activity. Currently you can catch Maria drinking green smoothies. New year, New Maria.

Most Likely to find Maria at: Target (all sections, she's not picky)

Favorite Food: Quesadillas

MELISSA, HR ADMINISTRATOR

Melissa is a Huntington Beach local, she enjoys brunch, home décor and is currently watching the Star Wars Saga from the beginning. Can you believe she hasn't seen the series?

Most Likely to find Melissa at: TJ Maxx (the home décor section OF COURSE!)

Favorite Food: Sushi

STAFFING RAFFLE

Do you pick up EXTRA SHIFTS when asked? Do you stay over or come in early when needed? Do you work Doubles?

ANNI likes to acknowledge and thank staff for their hard work. The Staffing Raffle is a way to reward our employees for going above and beyond. By limiting registry and using our own staff we can keep our workload balanced, making all of our shifts run smoothly. We also save money as a company which we can then pass on to team members who help us achieve our goals.



2020 GOALS

DRIVING HR EXCELLENCE & INNOVATION,

HR is dedicated to improving our processes, to be the best resource for you. Stay up to date with our newest changes. An HR Inservice will be coming in January 2020.

DEPLOYING RECRUITMENT AND RETENTION STRATEGIES

Know anyone who would be a great addition to NBH? Be sure to have them contact Human Resources for an application

ENHANCING THE EMPLOYEE EXPERIENCE

We'd love to hear from you! How can NBH improve your employee experience? Feel free to drop your suggestions off with the HR department

PUMPKIN DECORATING CONTEST

CONGRATULATIONS TO UBALDO GARCIA FOR WINNING 1ST PLACE IN NEWPORT BAY HOSPITAL'S PUMPKIN DECORATING CONTEST. UBALDO, YOUR COLORFUL PUMPKIN TRULY GIVES US LIFE! NO PUN INTENDED

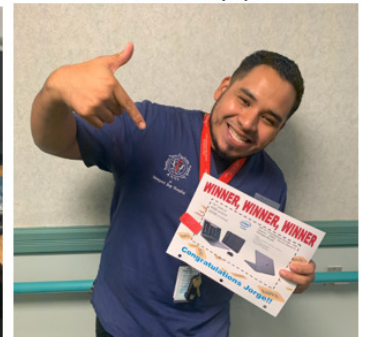


WINNERS

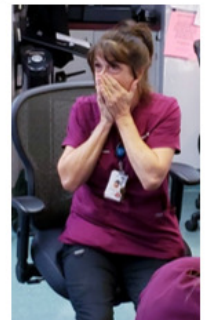
Genaro
WINNER of Movie Tickets & SEASONS 52 gift card



Jorge
WINNER of 14inch Chromebook Laptop



Christine
WINNER of a 50-inch TV



NBH has adopted new a New Payroll and Time Tracking system. Both are available via the app on your smartphone. Find your paystubs, sick and vacation time. Stop by HR if you need installation assistance.



SOCIAL SERVICES

The Social Services Department has worked hard this year with Dr. Turner and Dr. Frazier to increase our psycho-education knowledge on dementia, delirium and mental illness. In order to better explain the course of care to our families upon admission, increasing the amount of family agreement with hospitalization, and ease some of the burden of communication our nursing unit. Brianna, Kristian, Tiffany, Carrie, and Michelle have made great strides in this area, and they deserve a job well done!

We also have accepted an MSW Intern, Antonio Anderson, he is a great asset to our team! A large and important part of social work is the internship/apprentice process that is folded into our master's degree programs, and we are happy to help pay it forward for the new generation of social workers.

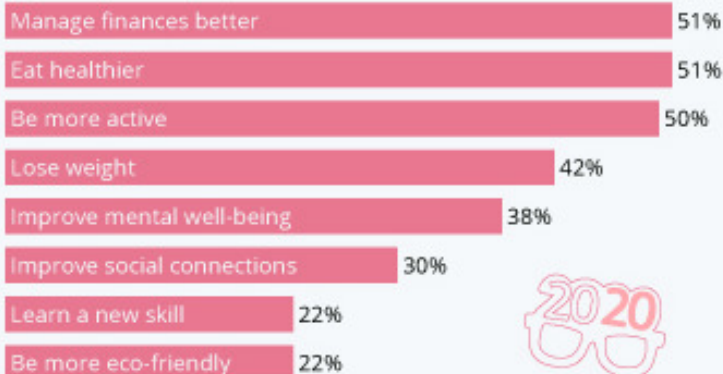
Looking forward to another great year of growth, caring, and competence for Social Services in 2020!

Have a happy and safe holiday!

Thank you to those ringing in the new year with our patients!

America's Top New Year's Resolutions for 2020

Most popular new year's resolutions among those planning to make one or several



Survey of 2,011 U.S. adults, Nov. 12-14
Source: Ipsos for Urban Plates



ACTIVITIES THERAPY

Our therapists remain committed to providing patients with quality programming and distractions to help them pass their time here at NBH. As well as providing therapeutic interventions that are beneficial to all.

Most of our goals for this coming year are more "inside the department" goals:

- 1) Scrutinizing the tools we have in house and cleaning them up. Much of our activities are outdated or just too old so 2020 will be a year of new.
- 2) Possible reorganization of the office.
- 3) Stronger commitment to the individual needs of the patients and being more of an advocate for our patients, which includes more 1:1 times and communication with nursing and social services.



“ We will open the book. Its pages are blank. We are going to put words on them ourselves. The book is called *Opportunity* and its first chapter is **New Year's Day.** ”

EDITH LOVEJOY PIERCE

cheers TO THE new year



We're on the web!
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STRIVING FOR THE BEST IN PATIENT CARE.

UPCOMING EVENTS

Hospital Wide- 1/8/2020

TB In-Service- 1/9/2020, 1/10/2020

HR In-Service- 1/17/2020, 1/20/2020, 1/24/2020

Seclusion & Restraints- Every Friday in January

Charge Nurse Meeting- 3/20/2020

Respiratory Assessment- 3/5/2020, 3/19/2020,
3/24/2020

Mandatory CPI Re-Certification Trainings— Maria in HR will notify the designated staff with the scheduled times & dates for future trainings

THE AAA - TIPSY TOW SERVICE TO MEMBERS ON NEW YEAR'S EVE 2019

For the 23rd New Year's Eve in a row, the Automobile Club of Southern California is offering Free Topsy Tow service, they said.

The community service, which aims to keep drunk drivers off the road, will be available from 6 p.m. Monday, Dec. 31, to 6 a.m. Tuesday, Jan. 1. Topsy Tow will be available in the 13 Southern California counties served by the Auto Club.

The Auto Club urges party-goers to plan for a sober ride or use a designated driver if attending a gathering. But if those plans fall through, motorists may, as a last resort, call 1 (800) 400-4AAA for a free tow of up to seven miles.

Callers simply tell the Auto Club operators, "I need a Topsy Tow," to receive the free tow and ride home.

An Auto Club-contracted roadside service truck will be dispatched. The Auto Club's free service is unique in that it transports both the driver and the vehicle.

IN 2020

 **VALENTINE'S DAY IS A FRIDAY** 

 **4TH OF JULY IS A SATURDAY** 

 **HALLOWEEN IS A SATURDAY** 

 **CHRISTMAS IS A FRIDAY** 

 **THE NEW YEAR STARTS WITH A 3-DAY WEEKEND** 

NO CELLPHONES, SMART WATCHES, OR PERSONAL TABLETS ON THE UNIT

